

## WHOM DO I CONTACT IF I WISH TO USE THE SERVICE?

**Please contact Amanda**

**WRVS**

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Bedford  
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positive about age  
practical about life

## **Good Neighbours** **Bedfordshire**

**An exciting new service that makes a  
Positive difference in the community**

### **Who can use this service?**

People who are housebound:

- ☺ because of illness, age or disability
- ☺ because they are caring for somebody else
- ☺ **Anybody over the age of 60**

## WHAT CAN WRVS VOLUNTEERS DO?

Wherever possible provide you with the kind of help a friend might offer if they were able and living locally.

All our volunteers are CRB checked

Volunteers can provide transport to or from the following:

- ☺ Health Centre/GP appointments
- ☺ Hospital appointments
- ☺ Dental & Chiropody appointments
- ☺ Hairdresser's appointments.
- ☺ Visiting a friend or relative at their home or in hospital or in residential care.
- ☺ Attending lunch clubs, day centres or social events.
- ☺ Going shopping, to the bank or building society, or allowing you to carry out your personal business.
- ☺ Taking you to the library to collect your books

## WRVS VOLUNTEERS CAN ALSO:

- ☺ Collect shopping, prescriptions, library books and pensions.
- ☺ Provide care and encouragement, giving information and advice on other services in the community.
- ☺ Complete form filling and letter writing.
- ☺ Befriend Clients and provide companionship.

## WHAT DOES IT COST?

You will be charged at a basic rate of 50 pence per mile to cover the total cost of the volunteer's petrol expenses – minimum charge of £4. You will be given a receipt. The fee must be paid by cash to the volunteer. No charge will be made for other services. Priority is given for appointments and those less able to go unaided. Minimum 48hours notice required.