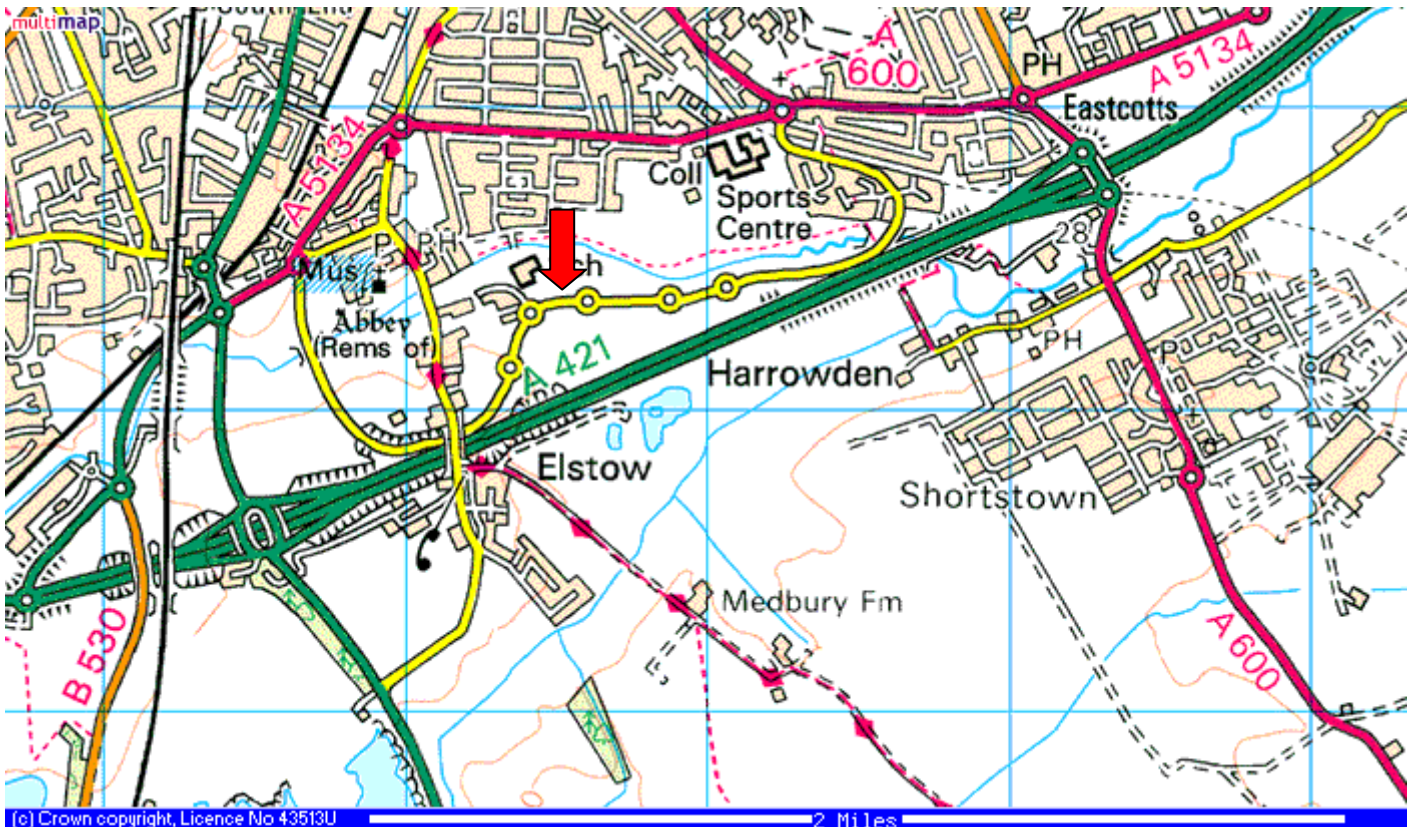


Elstow Medical Centre, Abbeyfields, Elstow. MK42 9GP



DIRECTIONS

By Car

From A6 South. After crossing the southern bypass, straight across small roundabout (car garage on left). Turn right at next roundabout (direction Elstow) into West End Lane. Turn right at next Roundabout into Abbeyfields. Follow Abbeyfields down towards the bypass. The road turns to the left and then goes up a hill. Go straight over the first two roundabouts. The road turns to the right at the next roundabout. The Medical Centre is on your left.

From London Road, Bedford. Drive to the end of London Road and take the second exit at the roundabout into Meadowsweet Drive. Continue straight along this road over several mini-roundabouts. The road turns to the right and there is an area of open space on the left, with the bypass on the right. Continue through several more mini-roundabouts. The Medical Centre is the first building on the right hand side after half a mile along this road.

By Bus:

Either take the stagecoach 81 (Luton) or the Grant Palmer 44 (Claphill), get off bus at Elstow Lodge Stop, Turn at Elstow Medical Lodge Residential Home where there is a footpath leading through a green, take this path (50m) which leads to a pavement at the bottom of Romsey Way, carry on 300m until roundabout, turn left onto Abbeyfields Road. Elstow Medical Centre is 25m on the left.

On Foot:

From roundabout at Mile Road/Elstow Road junction, take footpath from roundabout leading to Elstow Bunyan Church on left, carry on straight through village one quarter of mile, Turn at Elstow Lodge Residential Home where there is a footpath leading through a green, take this path (50m) which leads to a pavement at the bottom of Romsey Way, carry on 300m until roundabout, turn left into Abbeyfields Road, Elstow Medical Centre is 25m on the left.

There are other paths but these are the simplest directions. To walk to the surgery from the corner of Elstow Road/Mile Road takes approximately 12-15 minutes.

(The bus and walking directions were given by a patient and have not been verified by the practice. This information is provided as a guide only.)